

What Providers Say

**They taught me how to make social stories and how to help the children learn about emotions and what they are feeling. They were able to give me many resources to use such as books, websites, etc.

**I learned about being open to the child's perspective on situations. Remember we only see the "tip of the iceberg," great analogy!!

**When just observing I can be much more objective – see the big picture. Don't jump to conclusions! Children have a reason for their behavior. Learn to watch for signs and be open-minded.

**We have learned that when children are exhibiting challenging behaviors, they are trying to tell us something. They may not have the social or communication skills needed to do so. Therefore, it is up to us, as caregivers, to figure out what they need.



CONTACT US TODAY FOR MORE INFORMATION ABOUT HAND IN HAND SERVICES

Shakira Meyer

Hand in Hand Program Director

1575 18th Street Spirit Lake, IA

Email: smeyer@udmo.com

Cell: (712) 298-2306

Follow Hand in Hand online at:



[ECIHandinHand](#)



[@HandinHandUDMO](#)



[Ecihandinhand](#)



www.ecilakesregion.com



www.udmo.com

Hand in Hand has collaborative partnerships with Child Care Resource & Referral (CCR&R), Child and Adult Care Food Program (CACFP), Child Care Nurse Consultant (CCNC), and ISU Extension.

Upper Des Moines Opportunity, Inc.



Hand in Hand

**Training & Coaching Services
for Early Care Providers**

**A Program Funded in part by
Early Childhood Iowa—Lakes Region
under the umbrella of Upper Des Moines Opportunity, Inc.**



Upper Des Moines Opportunity, Inc.

What We Do

Hand in Hand offers quality training & coaching support to all early care providers in Clay, Dickinson, O'Brien, or Osceola counties in an effort

TO CREATE high quality secure, caring, and nurturing learning environments AND

TO DEVELOP secure, caring, and nurturing relationships with the children in their programs

TO SUPPORT healthy social and emotional development of all children birth to age 5.



The Benefits to Providers

- High Quality Evidenced-Based Professional Development
- Individualized Onsite Visits
- Increase in Children's Social Skills
- Reduction in Children's Challenging Behaviors
- Increased Satisfaction of Program Staff and Families
- Variety of Resources Provided to Aid Implementation of Evidenced Based Practices

How We Do It

Hand in Hand uses a multi-faceted approach to support early care providers across the 4 county area.

- **Training**

Evidenced based professional development courses.

- **Observations using Research Based Tools**

Baseline and follow-up observations using the Teaching Pyramid Observation Tool (TPOT) or The Pyramid Infant Toddler Observation Scale (TPITOS) are completed to guide coaching to support implementation of PBIS practices.

- **Practice Based Coaching Visits**

A collaborative partnership between Hand in Hand staff and the early care provider using goals and action steps in order to support the implementation of evidence-based practices that lead to positive outcomes for all children.

- **Connect Affirm Renew Educate Meetings (CARE)**

Facilitated bi-monthly meetings with other early care providers—locations, topics, and activities based on provider's needs and interests.



Training and Coaching Topics

Positive Behavior Interventions & Supports (PBIS)

is a continuum of researched based supports and strategies designed to build social

emotional competence and

prevent and address challenging behaviors for young children. In this 12 or 15 hour training you will gain knowledge and skills in building positive relationships with children, designing effective environments, using teachable moments, teaching problem solving skills, promoting emotional literacy, facilitating friendship development and more; all in order to support children's social and emotional development.



The **Baby Signs**® Program is an Early Childhood Educator Curriculum to support child care providers to incorporate signing into their early learning environments. An introductory 2 hour session can be followed by the 6 session Sign, Say and Play course.

The Power of Mental Health

workshop focuses on enhancing mental health for children, families and staff in child care settings. In the three 1.5 hour sessions you will learn ways to build skills for interacting with children, guiding behavior, creating environments, and relating to families.

