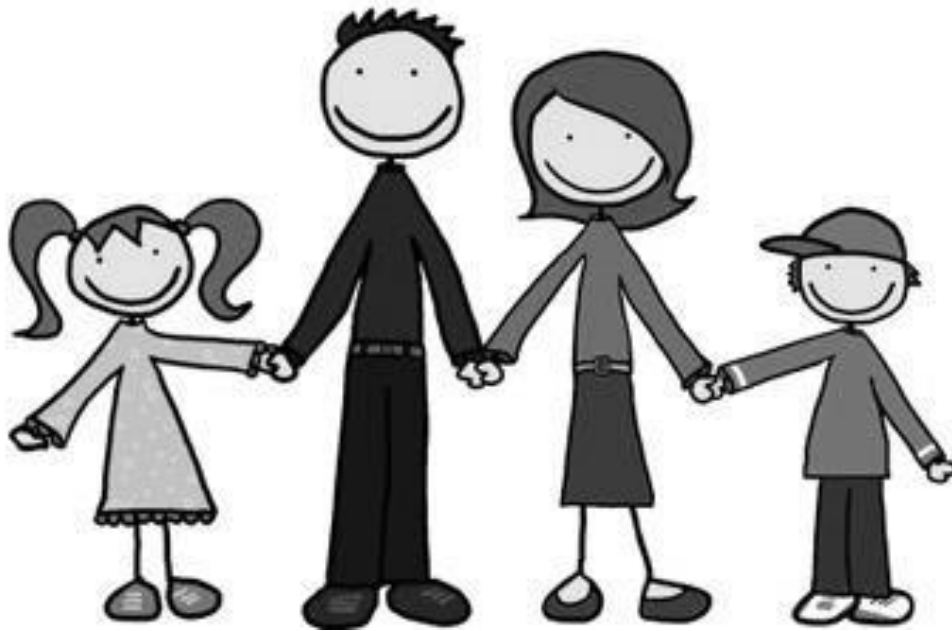


2013 Family Support Services Directory



Dickinson County, Iowa

Compiled for you by The Child and Parent Council

Information found in this directory was provided by representatives of the agencies and organizations. Every attempt was made to ensure that the information given was accurate and current, however, some errors may be found. We apologize for any inconvenience this causes.

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This directory can also be found on the Early Childhood Iowa: Lakes Region website at www.ecilakesregion.com. This printed version will be updated yearly, however, information on the website may be updated periodically throughout the year.

CROSS-REFERENCED GUIDE OF SERVICES OFFERED

While this list is extensive it may not include all services that are available in Dickinson County. In addition, some agencies may offer these services or services related to these categories but may not have their name listed under that category.

AGES OF CHILDREN — INFANT/TODDLER

- Cherish Center
- Child and Parent Council (CHAPCO)
- Child Care Resource and Referral
- Child Health Specialty Clinic
- Dickinson County Public Health
- Great Lakes Physical Therapy
- Hand in Hand Program
- ISU Extension & Outreach
- Prairie Lakes AEA...Early Access
- Prairie Lakes AEA...KIDS Program
- Time Out Nursery
- Upper Des Moines Opportunity, Inc.
- YMCA of the Okobojis

AGES OF CHILDREN — PRESCHOOL

- Cherish Center
- Child and Parent Council (CHAPCO)
- Child Care Resource and Referral
- Child Health Specialty Clinic
- Dickinson County Public Health
- Great Lakes Physical Therapy
- Hand in Hand Program
- ISU Extension & Outreach
- Lutheran Service: Counseling/Intervention
- Prairie Lakes AEA...Early Access
- Prairie Lakes AEA...KIDS Program
- Time Out Nursery
- Upper Des Moines Opportunity, Inc.
- YMCA of the Okobojis

AGES — SCHOOL- AGED THRU HIGH SCHOOL

- Cherish Center
- Child and Parent Council (CHAPCO)
- Child Care Resource and Referral
- Child Health Specialty Clinic
- Dickinson County Public Health
- Great Lakes Physical Therapy
- ISU Extension & Outreach
- Lutheran Service: Counseling/Intervention

AGES — SCHOOL- AGED THRU HS (cont.)

- Prairie Lakes AEA...KIDS Program
- YMCA of the Okobojis

BABYSITTING CLASSES

- Dickinson County Public Health
- ISU Extension & Outreach

BEHAVIOR ISSUES

- Cherish Center
- Child Health Specialty Clinic
- Hand in Hand Program
- Lutheran Service: Counseling/Intervention
- Prairie Lakes AEA...Early Access
- Prairie Lakes AEA...KIDS Program
- Seasons

BREASTFEEDING SUPPORT

- Dickinson County Public Health

CAR SEAT SAFETY

- Dickinson County Public Health

CHILD ABUSE/NEGLECT and Prevention

- CAASA Safe Touches Program
- Child and Parent Council (CHAPCO)
- Prairie Lakes AEA...KIDS Program
- Seasons

CHILDCARE

- Cherish Center
- Child and Parent Council (CHAPCO)
- Child Care Resource and Referral
- Time-Out Nursery
- YMCA of the Okobojis

CLOTHING ASSISTANCE

- Priority One
- St. Joseph Catholic Church Clothing Rm
- Upper Des Moines Opportunity, Inc

CONSULTATIONS

- Child Care Resource and Referral

COUNSELING SERVICES

- Bethany Christian Services
- Cherish Center
- Compass Pointe
- Lutheran Service: Counseling/Intervention
- Seasons

DEPRESSION/ANXIETY

- Cherish Center
- Lutheran Service: Counseling/Intervention
- Seasons

DEVELOPMENTAL DELAYS

- Prairie Lakes AEA...Early Access
- Great Lakes Physical Therapy

DOMESTIC ABUSE

- CAASA
- Seasons

EDUCATION

- CAASA Safe Touches Program
- Cherish Center
- Hand in Hand Program
- Head Start – UDMO
- ISU Extension & Outreach
- Lutheran Service: FaDSS
- Prairie Lakes AEA...Early Access
- Prairie Lakes AEA...KIDS Program
- Upper Des Moines Opportunity, Inc.
- YMCA of the Okobojis

FAITH-BASED

- Atlas of Spencer
- Bereaved Parents
- Bethany Christian Services
- Cherish Center
- GriefShare
- Moms and Tots (MOTS)
- St. Joseph Catholic Church Clothing Rm
- YMCA of the Okobojis

FAMILIES

- Atlas of Spencer
- Bereaved Parents
- Cherish Center
- Child and Parent Council (CHAPCO)
- Child Care Resource and Referral
- Dickinson County Public Health
- GriefShare
- Headstart -- UDMO
- ISU Extension & Outreach
- Upper Des Moines Opportunity, Inc.

FAMILIES (continued)

- Lutheran Service: Counseling/Intervention
- Lutheran Service: FaDSS
- Moms and Tots (MOTS)
- NW IA Collaborative Law Professionals
- Prairie Lakes AEA...Early Access
- Prairie Lakes AEA...KIDS Program
- Seasons
- Time Out Nursery
- YMCA of the Okobojis

FINANCIAL ASSISTANCE

- Cherish Center
- Department of Human Services
- ISU Extension & Outreach
- Upper Des Moines Opportunity
- YMCA of the Okobojis

FOOD/GROCERY ASSISTANCE

- Upper Des Moines Opportunity

GOVERNMENT AGENCIES

- Department of Human Services
- Dickinson County Public Health
- Prairie Lakes AEA...Early Access

GRIEF SUPPORT

- Bereaved Parents
- GriefShare

HOUSING

- Cherish Center

IMMUNIZATIONS

- Dickinson County Public Health

LEGAL ASSISTANCE

- NW IA Collaborative Law Professionals

MEDICAL/PHYSICAL HEALTH

- Child Health Specialty Clinic
- Dickinson County Public Health

MENTAL HEALTH SERVICES

- Bethany Christian Services
- Cherish Center
- Lutheran Service: Counseling/Intervention
- Seasons

MENTORING

- Atlas of Spencer
- Cherish Center
- Child and Parent Council (CHAPCO)
- Lutheran Service: FaDSS
- Moms and Tots (MOTS)
- Time Out Nursery
- YMCA of the Okobojs

NON-PROFIT ORGANIZATIONS

- Atlas of Spencer
- Bereaved Parents
- Bethany Christian Services
- CAASA
- Cherish Center
- Child and Parent Council (CHAPCO)
- Child Care Resource and Referral
- Compass Pointe
- Department of Human Services
- Hand in Hand Program
- ISU Extension & Outreach
- Lutheran Service: Counseling/Intervention
- Lutheran Service: FaDSS
- Moms and Tots (MOTS)
- Prairie Lakes AEA...Early Access
- Prairie Lakes AEA...KIDS Program
- St. Joseph Catholic Church Clothing Rm
- Seasons
- Time Out Nursery
- Upper Des Moines Opportunity
- YMCA of the Okobojs

PARENT EDUCATION

- Cherish Center
- Child and Parent Council (CHAPCO)
- Dickinson County Public Health
- ISU Extension & Outreach
- Lutheran Service: FaDSS
- Prairie Lakes AEA...KIDS Program
- Time-Out Nursery
- UDMO -- Headstart

PREGNANCY TESTS

- Cherish Center

PRE-NATAL SUPPORT

- Bethany Christian Services
- Cherish Center
- Dickinson County Public Health
- Prairie Lakes AEA...KIDS Program

PRESCHOOL

- UDMO – Head Start

PREVENTION/INTERVENTION

- CAASA Safe Touches Program
- Child and Parent Council (CHAPCO)
- Child Health Specialty Clinic
- Compass Pointe
- Prairie Lakes AEA...KIDS Program
- Seasons
- Time Out Nursery

REFERRALS

- Child and Parent Council (CHAPCO)
- Child Care Resource and Referral
- Prairie Lakes AEA...KIDS Program
- Time Out Nursery
- Upper Des Moines Opportunity, Inc.

RESOURCES

- Time Out Nursery

SEXUAL ASSAULT and Prevention

- CAASA
- Child and Parent Council (CHAPCO)

SHELTER

- CAASA

STRESS MANAGEMENT

- Cherish Center
- Child and Parent Council (CHAPCO)
- Lutheran Service:
Counseling/Intervention
- Seasons
- Time-Out Nursery

SUBSTANCE ABUSE

- Compass Pointe
- Seasons

SUPPORT GROUPS

- Atlas of Spencer
- Bereaved Parents
- CAASA
- Cherish Center
- Child and Parent Council (CHAPCO)
- Compass Pointe
- GriefShare
- Moms and Tots (MOTS)
- Time-Out Nursery

ATLAS OF SPENCER

Contact Person	Scott Finnern
Phone	712-580-3277
Address/City	816 South Grand, Suite 2, Spencer, IA 51301
Email Address	scott@atlasofspencer.com
Website Address	www.atlasofspencer.com

Description of Services Offered

Mentoring, Resource Guidance, Volunteer assistance to other Human Service Agencies, Spiritual Guidance/Mentoring

How Different From Other Organizations

Provides intentional faith based guidance. Their desire is to help connect persons in need with persons who desire to help. Atlas of Spencer is connected to many churches, and thus their people, who desire to reach out and help the needy/hurting people in the community.

Cost of Services Free

Counties Covered All Counties

BEREAVED PARENTS

Contact Person	Jo Megill...712-330-3477
Contact Person	Darwin Winkowitsch...712-330-7582
Meets When	Third Thursday each month at 6:30 p.m.
Meeting Location	Good News Community Church, Okoboji

Description of Services Offered

Bereaved Parents is a non-profit self-help group that offers support, understanding, compassion and hope especially to the newly bereaved be they bereaved parents grandparents or siblings struggling to rebuild their lives after the death of their children, grandchildren or siblings.

How Different From Other Organizations

Bereaved Parents is open to all parents, grandparents and siblings regardless of the age or the circumstances of the death of their children, grandchildren or siblings.

Cost of Services No financial charge

Counties Covered All counties

BETHANY CHRISTIAN SERVICES

Contact Person	Brittney Punt
Phone	712-737-4831
Address/City	123 Albany Avenue SE, Orange City
Email Address	bcsorangecity@bethany.org
Website Address	www.bethany.org or www.impregnant.org

Description of Services Offered

Bethany Christian Services is an agency specializing in adoption and pregnancy counseling. Pregnancy counselors serve expectant parents in a compassionate, non-judgmental, non-coercive manner while offering options, counseling and information regarding pregnancy, parenting and adoption. It is our hope parents feel empowered to make a fully-informed decision regarding their pregnancy. Adoption planning is facilitated through our agency and pregnancy counselors travel to meet expectant parents. We also provide free pregnancy tests.

How Different From Other Organizations

We are unique in that we provide voluntary adoption planning in which expectant parents who feel adoption is right for them are able to choose a family, have openness and have a say in their child's future.

Cost of Services Free

Counties Covered

CAASA – CENTER AGAINST ABUSE & SEXUAL ASSAULT

Contact Person	Julie Schulenberg
Business Phone	712-262-4612
Crisis Line	1-877-362-4612
Address/City	PO Box 996, Spencer
Email Address	director@caasaonline.org
Website Address	www.caasaonline.org

Description of Services Offered

CAASA provides a range of services for victims of sexual and domestic violence. They serve nine counties.

How Different From Other Organizations

CAASA offers Darkness to Light — Stewards of Children primary Sexual Abuse Prevention to adults. They also offer sexual abuse prevention presentations to pre-school through college age.

Cost of Services Free

Counties Covered Dickinson, Clay, Emmet, Palo Alto, Ida, Cherokee, Sac, Buena Vista, Pocahontas
Offers Sexual Assault Services for Region 1 in Iowa which includes 19 counties.

CHERISH CENTER

Contact	Cherish Center
Phone	712-338-3333
Address/City	1004 22 nd Street, Milford
Email Address	info@cherishcenter.org
Website Address	www.cherishcenter.org
Counties Covered	Anyone welcome
Cost of Services	Free unless otherwise noted

CHERISH CENTER: CHERISH HOUSE

Description of Services Offered

Cherish House is a safe, compassionate place for a young woman to come and stay during her pregnancy. It's a place where she can find support and care. During her stay, she will learn about parenting and adoption and will learn life skills.

How Different From Other Organizations

Cherish House is the only maternity home in the area. We not only provide pregnancy support, but we also provide housing and life-skill training.

CHERISH CENTER: MENTORING

Description of Services Offered

Personalized mentoring program designed to meet the needs of young women and men. Through participation, "dollars" are earned that can be spent at Thee Garage Sale or Cherish Center's Baby Boutique.

How Different From Other Organizations

This mentoring program meets the needs of all clients...pregnant, parenting or just experiencing life. Participants earn "dollars" as an incentive.

CHERISH CENTER: PREGNANCY TESTS

Description of Services Offered

Cherish Center offers free and confidential pregnancy test. It's a safe environment with someone to talk to and resources to give. It should be noted that Cherish Center is not a medical facility.

How Different From Other Organizations

Cherish Center not only offers pregnancy counseling, but Cherish Center also has lots of resources available to help immediately following the results. This includes resources for parenting as well as assistance for adoption.

CHERISH CENTER: PARENTS CONNECT

Description of Services Offered

parent training classes offered to young moms and dads. It's a great place to learn about parenting and meet fellow parents. Parents Connect meets twice a month in September through May. A free meal and free childcare are provided.

How Different From Other Organizations

We are dedicated to improving the lives of families through support, encouragement and education. Our classes are free along with the meal and childcare.

CHERISH CENTER: COUNSELING

Description of Services Offered

Cherish Center offers professional counseling to individuals, families and couples. Counseling can address a variety of concerns including but not limited to abuse, behavioral issues, divorce, depression, marital and family conflict, grief and loss, pregnancy, stress, anxiety and other mental health issues.

How Different From Other Organizations

These counseling services are low cost and sometimes no cost. They can offer faith-based counseling services as well.

Cost of Services Sliding fee scale based on household income

CHILD AND PARENT COUNCIL

Contact Person Mindy Leinbaugh (president)...712-898-1426
Contact Person Jamin Trautman (secretary)...712-330-4901
Mailing Address 1306 32 nd Street, Spirit Lake, IA 51360

Description of Services Offered

The Child and Parent Council's overall goals are to heighten community awareness and promote broad base community support for positive parenting. We do this by providing educational programs and helpful written information that we distribute through faith based organizations, local publications, and public entities such as libraries, doctor's offices, schools, and daycare centers. Our council members come from the small communities within our county, so there is considerable overlap in memberships with other boards and civic groups. This allows us to remain informed about the needs throughout our county and disseminate further awareness to these other groups about the need for community involvement in the support of young families and the prevention of child abuse.

How Different From Other Organizations

CHAPCO oversees the services provided by Time Out Nursery and secures funding for this program as well as the KIDS program and SAFE Touches programs offered in Dickinson County. This directory and its distribution is a project spearheaded by The Child and Parent Council.

Cost of Services Free

Counties Covered Dickinson

CHILD CARE RESOURCE & REFERRAL OF NORTHWEST IOWA

Contact Person	Cassie Reuter
Phone	712-786-2001
Free Parent Referral Number	877-216-8481
Address/City	418 S. Marion Street, Remsen, IA
Email Address	ccrr@midsioux.org
Website Address.....	www.iowaccrr.org

Description of Services Offered

Iowa Child Care Resource and Referral provides resources, education and advocacy to support quality child care. CCR&R is committed to ensure that Iowa's vision is met: "All children, beginning at birth, will be healthy and successful."

How Different From Other Organizations

CCR&R provides a service that helps parents have the upper hand in making informed choices about the care of their children. They also provide services to those that care for children. Training, technical assistance and consultation are just a few of the many things CCR&R can help with.

Cost of Services Free

Counties Covered Dickinson County and all of Region 1

CHILD HEALTH SPECIALTY CLINIC

Contact Person	Theresa Rasch or Barb Wilkerson
Phone	712-264-8517
Address/City	1200 First Avenue East, Spencer
Email Address	
Website Address.....	

Description of Services Offered

Child Health Specialty Clinic serves children and youth, birth through 21 years of age, who live in Iowa and have a chronic condition, are at an increased risk for a chronic condition, and need special services. Chronic conditions can include physical, developmental, behavioral or emotional issues. Referrals may be made by doctor, family or teachers.

How Different From Other Organizations.....

Cost of Services

Counties Covered.....

COMPASS POINTE BEHAVIORAL HEALTH SERVICES

Contact Person	Gary Caviness and Tamera Frederick
Phone	712-336-5281
HOTLINE Number	712-262-2952
Address/City	710 Lake Street, Suite 2, Spirit Lake, IA 51360
Email Address	
Website Address	www.compass-pointe.org

Description of Services Offered

Compass Pointe provides comprehensive prevention, intervention and recovery services to individuals and their families, worksites and communities for alcohol, drug and problem gambling behaviors. Intervention and recovery services are conveniently located in a safe, comfortable and confidential setting. They offer three levels of treatment: Intensive Outpatient, Extended Outpatient and Continuing Care. Treatment is delivered through individual, family and group counseling.

How Different From Other Organizations

Since 1969 the staff has strived to bring opportunity, freedom, health and peace to individuals, families and communities who desire freedom from alcohol, drug and gambling problem behaviors.

Cost of Services Fees for services may be covered by private funds, insurance and/or public funds. Sliding fee scale allows for services to be affordable.

Counties Covered Dickinson and surrounding counties. Offices are also located in Buena Vista, Clay, Emmet, Lyon, O'Brien, Palo Alto, Sioux and Kossuth Counties.

DEPARTMENT OF HUMAN SERVICES

Contact Person	Eileen Skogerboe
Phone	866-336-2555
Customer Service Center	877-347-5678
Address/City	1802 Hill Avenue, Suite 2401, Spirit Lake
Email Address	cdicki01@dhs.state.ia.us
Website Address	www.dhs.iowa.gov

Description of Services Offered

Provides financial assistance through a needs based eligibility process for Food Assistance, Medicaid insurance, Family Investment Program (FIP = cash grant program) and child care assistance.

How Different From Other Organizations

These programs are available at no cost to qualifying individuals and families. Funding for the financial assistance comes from both state and federal public assistance monies. All ages are served by these programs.

Cost of Services Free

Counties Covered Dickinson and 15 other surrounding counties

DICKINSON COUNTY PUBLIC HEALTH

Contact Person	Cyndy Powers RN BSN
Phone	712-336-2682
Address/City	1003 21 st Street, Milford, IA 51351
Email Address	cpowers@lakeshealth.org
Website Address	www.lakeshealth.org

Description of Services Offered

Provides family support home visits that promote the well-being of infants and families (Best Care for Better Babies), pregnancy counseling, car seat safety and screenings to track infant growth and development. Provides individual health maintenance home visits - assist consumers in managing a chronic condition. Provides immunizations that prevent disease for children and adults.

How Different From Other Organizations

Provide immunizations for children, adolescents and adults. Vaccine for Children (VFC) – federal program for children who might not be vaccinated because of inability to pay.

Cost of Services Private Funds, Health Insurance, Medicaid, Vaccine for Children and/or Public Funds

Counties Covered Dickinson

GREAT LAKES PHYSICAL THERAPY, PC

Contact Person	Larry Webber Jr. MPT
Phone	712-336-3500
Address/City	3301 Bergquist Avenue, Spirit Lake, IA 51360
Email Address	greatlakesphysicaltherapy@gmail.com
Website Address	www.greatlakesphysicaltherapy.com

Description of Services Offered

Great Lakes Physical Therapy offers physical therapy services to children with physical disabilities following surgery or after injuries. They offer complimentary screening for new patients. Feel free to stop by to discuss these services in more detail.

How Different From Other Organizations

Some children may receive therapy services through referrals or in school, but in some cases, additional therapy is needed to help children reach their highest potential. Great Lakes Physical Therapy is happy to collaborate with other professionals in the area.

Cost of Services Complimentary screenings for new patients.

Cost of additional services depends on client’s insurance plans. If insurance doesn’t apply, private pay options may be discussed.

Counties Covered Our office is located in Spirit Lake but we welcome clients from any county.

GRIEF SHARE

Contact Person	Jo Winkowitsch
Phone	712-330-7091
Address/City	Intersect Okoboji Lakes Bible Grounds
Email Address	
Website Address	www.griefshare.org

Description of Services Offered

GriefShare is a Biblical grief support group for anyone who has experienced the loss of a loved one in their lifetime and wants support in dealing with this loss. The group meets once per week, at Intersect Okoboji Lakes Bible grounds for a 13-week session. Individuals can join at any time.

Cost of Service No charge

Counties Covered All are welcome

HAND IN HAND PROGRAM OF UPPER DES MOINES OPPORTUNITY, INC.

Contact Person	Shakira Meyer
Phone	712-363-4841
Address/City	1575 18 th Street, Spirit Lake
Email Address	smeyer@udmo.com
Website Address	www.udmo.com/handinhandhome.htm

Description of Services Offered

The Hand in Hand program provides trainings to child care providers and follow-up coaching mentoring in early childhood social-emotional wellness. Through coaching, Hand in Hand staff aid programs in implementing proactive strategies to prevent challenging behaviors (hitting, kicking, biting, tantruming, non-compliance, etc.)

How Different From Other Organizations

The Upper Des Moines Opportunity, Inc. Hand in Hand program is funded by Early Childhood Iowa-Lakes Region. Our program focus is to support the ECI-Lakes Region's priority of improving the quality of early learning and care environments.

Cost of Services Free to all area family child care providers, child care center providers & preschool teachers.

Counties Covered Clay, Dickinson, O'Brien, Osceola

HEADSTART AND CHILD DEVELOPMENT CENTERS, UDMO

Contact Person	Connie Siebenbruner
Phone	800-245-6151 ext. 127
Address/City	101 Robins Street, Graettinger
Email Address	csiebenbruner@udmo.com
Website Address	www.udmo.com

Description of Services Offered

Upper Des Moines Opportunity Head Start is a federal program that promotes the school readiness of children ages birth to 5 from low-income families by enhancing their cognitive, social and emotional development. Head Start programs provide comprehensive services to enrolled children and their families, which include health, nutrition, social services and other services determined to be necessary by family needs assessments, in addition to education and cognitive development services.

How Different From Other Organizations

UDMO Head Start promotes school readiness by enhancing social, emotional and cognitive development through the provision of educational, health, nutritional and social learning experiences. Significant emphasis is placed on parent involvement in their child’s education and assisting in the administration of local Head Start Programs.

Cost of Services Free

Counties Covered Buena Vista, Clay, Dickinson, Emmet, O’Brien, Osceola, Palo Alto and Pocahontas

IOWA STATE UNIVERSITY EXTENSION & OUTREACH—DICKINSON COUNTY

Contact Person	Karen Byers
Phone	712-336-3488
Address/City	1600 15 th Street, Spirit Lake
Email Address	xdickinson@iastate.edu
Website Address	www.extension.iastate.edu/dickinson

Description of Services Offered

Dickinson County Extension & Outreach provides educational services from Iowa State University. Our focus on youth and families is to provide positive development tools in the areas of food & nutrition, gardening, healthy families, child development, family finance, 4-H and more.

How Different From Other Organizations

The mission of the Iowa State University Extension & Outreach is to build partnerships and provide research-based information to improve the quality of life for Iowans. The Dickinson County Office is an outreach of the University providing services for Families, Youth, Communities, Ag. & Natural Resources, and Business and Industry.

Cost of Services Most programs/services are free. Any fees are used to offset the direct cost of the program.

Counties Covered Dickinson

LUTHERAN SERVICES IN IOWA – INTERVENTION AND COUNSELING

Contact Person	Amy Davis
Phone	712-262-4083
HOTLINE Number	888-457-4692
Address/City	1812 24 th Avenue West, Suite 303, Spencer, IA, 51301
Email Address	amy.davis@lsiowa.org
Website Address	www.lsiowa.org

How Different from Other Organizationsthe largest non-profit human service agency in Iowa

Cost of Services

No Cost – funded through Medicaid Title 10

BEHAVIORAL HEALTH INTERVENTION SERVICES (BHIS)

Description of Services Offered

BHIS assists children and adults who receive Title 19 with behavioral or mental health needs.

Counties CoveredClay, Dickinson, Osceola, Obrien, Sioux, Plymouth, Kossuth, Palo Alto, Sac
Pocahontas, Ida, Calhoun, Buena Vista, Monona, Emmet, Crawford, Carroll, Woodbury, Cherokee, Shelby,
Harrison and Webster.

COUNSELING SERVICES

Description of Services Offered

Also offers mental health counseling and BHIS assessments for children and adults receiving Title 19.

Counties CoveredConsumers can travel to their office locations in Spencer, Storm Lake and Fort Dodge.

LUTHERAN SERVICES IN IOWA

FAMILY DEVELOPMENT AND SELF SUFFICIENCY (FADSS)

Contact Person	Carly Caravan
Phone	712-262-4083
Address/City	1812 24 th Avenue West, Suite 303, Spencer, IA, 51301
Email Address	carly.caravan@lsiowa.org
Website Address	www.lsiowa.org

Description of Services Offered

FADSS is a free and voluntary program available to families utilizing the Family Investment Program (FIP). Clients receive support by monthly in-home visits to identify goals and ways to achieve them. Specifically, FaDSS can help clients learn how to get off of FIP, access community resources, improve job seeking skills, improve budgeting skills and improve access to child care, transportation and education.

Cost of Services

Free to families receiving FIP

Counties Covered Clay, Dickinson, O’Brien and Osceola

MOMS AND TOTS -- MOTS

Contact Person	Maureen Heilman
Phone	712-338-2175
Address/City	Meets at Good News Community Church 1010 Julie Street, Okoboji
Email Address	motsspiritlake@gmail.com
Website Address	look for their group page on Facebook

Description of Services Offered

Moms and Tots is a faith-based organization that meets the first and third Wednesday of each month at Good News Community Church in Okoboji. Child care is provided from 9 a.m. to 11 a.m. During that time Mom gets to chat, relax, and eat without distractions. At these Momtime meetings they have speakers who focus on a variety of topics, outreach opportunities for the community, social mornings and facilitated topic related discussions. On the second Wednesday of the month they have Playtime Mornings, which are scheduled activities around the community. The location of these activities differs from month to month. MOTS has year-round activities -- Momtime mornings are held September through May and Playtime mornings are all year and occur every Wednesday in the summer.

How Different From Other Organizations

Our group is for families that have children ages 0 to 5.

Cost of Services Dues are \$5 per meeting -- \$30 per semester -- \$60 per year

Counties Covered Dickinson, Emmet, Clay, Osceola

NORTHWEST IOWA COLLABORATIVE LAW PROFESSIONALS

Contact Person	Abby Walleck
Phone	712-336-1292
Address/City	708 Lake Street, Spirit Lake, IA 51360
Website Address	www.nwiacollaborate.org

Description of Services Offered

A group of professionals (lawyers and non-lawyers) who help families through the collaborative process in family law matters when couples decide to separate. This service enables couples to work together and through their lawyers (and on occasion other family professionals) in order to avoid the uncertain outcome of court. Their goal is work with the those involved to achieve a settlement that best meets the specific needs of both parties and their children without the underlying threat of contested litigation.

How Different From Other Organizations

Currently, the only collaborative law group in Northwest Iowa and one of three such groups in the state of Iowa.

Cost of ServicesVaries among professionals, based on the services needed

Counties Covered

All of Northwest Iowa/3rd Judicial District which includes Dickinson, Clay, O'Brien, Osceola, Emmet, Palo Alto, Buena Vista, Lyon, Woodbury, Ida, Cherokee, Crawford, Kossuth, Lyon, Monona, Plymouth and Sioux Counties

PRAIRIE LAKES AEA...KIDS Program

Contact Person	Linda Littlefield
Phone	712-262-4704 ext. 2040
Address/City	23 E. 7 th Street, Spencer
Email Address	llittlefield@aea8.k12.ia.us
Website Address	www.prairielakesAEA8.com

Description of Services Offered

The KIDS program provides home-based parent education, child development and family support services to families with children prenatal to age 8.

How Different From Other Organizations

Services are available to all families in the counties we serve, regardless of income. Services are voluntary, confidential and free.

Cost of Services..... Free

Counties Covered..... Clay, Dickinson, O’Brien, Osceola

PRAIRIE LAKES AEA 8...EARLY ACCESS

Contact Person	Gale Randall, Regional Liason
Phone	866-503-4636
HOTLINE Number	866-425-4371
Address/City	824 Lake Avenue, Suite 105, Storm Lake, IA
Email Address	grandall@aea8.i12.ia.us
Website Address	www.aea8.k12.ia.us or www.earlyaccessiowa.org

Description of Services Offered

Early ACCESS, formerly known as Iowa’s System of Early Intervention Services, is a partnership between families with young children, birth to age three, and providers from local Public Health, Human Services, Child Health Specialty Clinics, Area Education Agencies (AEA) and other community programs. The purpose of this system is for families and staff to work together in identifying, coordinating and providing needed services and resources that will help the family to assist their infant or toddler to grow and develop.

How Different From Other Organizations

Early ACCESS provides services to an infant or toddler under the age of three (birth to age three) who: (1) has a condition or disability that is known to have a high probability of later delays if early intervention services were not provided, or (2) is already experiencing 25% delay in one or more areas of growth or development.

The family and providers work together to identify and address specific family concerns and priorities as they relate to the child’s overall growth and development. In addition, broader family needs and concerns can be addressed by locating other supportive services/resources in the local community for the family and/or child. All services to the child are provided in the child’s natural environment including the home and other community settings where children of the same age without disabilities participate.

Cost of Services.....Services provided at NO COST to eligible families.

Counties Covered..... Dickinson and other surrounding counties
Sac, Buena Vista, Clay, Dickinson, Emmet, Palo Alto, Kossuth, Wright, Humboldt, Pocahontas, Webster, Hamilton, Greene and Calhoun

ST. JOSEPH CATHOLIC CHURCH – CLOTHING ROOM

Contact Person	Susan Reiser
Phone	712-338-2274
Location	1305 Okoboji Avenue, Milford, Iowa
Email Address	sreiser@milfordcable.net
Website Address	www.stjosephmilford.org

Description of Services Offered

Free clothing room offered by St. Joseph Catholic church. Hours – 7:30 a.m.-5:00 p.m. daily.

Cost of Services Free

Counties Covered..... Dickinson, Clay and other surrounding communities

SEASONS – CENTER FOR BEHAVIORAL HEALTH

Contact Person	Aaron McHone
Phone	800-242-5101
HOTLINE Number	800-242-5101
Location	Lakes Regional Hospital, Spirit Lake, IA
Email Address	info@seasonscenter.org
Website Address	www.seasonscenter.org

Description of Services Offered

A comprehensive behavioral health center offering services to individuals of all ages. Seasons provides a safe, confidential setting where people can seek assistance with social, emotional, behavioral and family issues. For more information please go to our website.

How Different From Other Organizations

Their mission is to empower people to develop their own skills and confidence in meeting life’s challenges and living a fulfilling life. They provide comprehensive, individualized services with the focus of “helping people help themselves”.

Counties Covered..... Dickinson, Clay, Osceola, O’Brien, Lyon, Sioux, Emmet, Palo Alto, Buena Vista

TIME-OUT NURSERY

Contact Person	Amy Kueper...712-336-1738
Contact Person	Jenni Cunningham...515-822-6058
Mailing Address	1306 32 nd Street, Spirit Lake, IA 51360
Location	1010 Julia Street, Okoboji, IA

Description of Services Offered

Time-Out Nursery offers free childcare for parents who need a break from the day-to-day stress of parenting. While children are cared for in a licensed facility by trained staff, parents have the opportunity to run errands, attend appointments, meet with other parents, participate in a parenting class, clean the house or just catch their breath. Embracing the importance of nurturing families, Time-Out Nursery strives to provide a loving and welcoming environment for children and their parents, provide opportunities for parents to gain positive support, encouragement and insight and provide an atmosphere where children can learn and thrive.

How Different From Other Organizations

This service is offered two mornings a week during the school year and is available with the purpose of offering a break for parents. It is free and available to everyone.

Cost of Services FREE

Counties Covered Dickinson

UPPER DES MOINES OPPORTUNITY, INC. DICKINSON COUNTY OUTREACH

Contact Person	Laurie Ruf
Phone	712-336-1112
Address/City	1575 18 th Street, Spirit Lake, IA 51360
Email Address	lruf@udmo.com
Website Address	www.udmo.com

Description of Services Offered

UDMO is a non-profit corporation working to strengthen communities by offering a wide range of services to the people of Northwest Iowa. The Dickinson County Outreach office offers services such as but not limited to: energy assistance, food pantries, emergency needs, holiday/special projects, information, referrals and clothing.

Programs Connected with UDMO: Headstart, WIC, Weatherization, Hand in Hand and Low Income Home Energy Assistance Program

How Different From Other Organizations

Because they are a private agency with a variety of programs under their umbrella and have a strong history of collaboration, they are able to research client requests, create innovative solutions and, to the best of their ability, ensure that the help provided is appropriate and necessary.

Cost of Services Free

Counties Covered Dickinson

YMCA OF THE OKOBOJIS

Contact Person	Norm Johnson
Phone	712-336-9622
Address/City	1900 41 st Street, Spirit Lake
Email Address	norm.johnson@okobojiymca.com
Website Address	www.ymcaoftheokobojis.com

Description of Services Offered

Our cause is to give everyone, regardless of age, income and background the opportunity to learn, grow and thrive. Our Values of Caring, Honesty, Respect and Responsibility will be the leading coursework of what we do and how we do it. Our Voice of Staff, Volunteers, Members and Community will tell the story of the good work that our organization does.

How Different From Other Organizations

Our promise to Strengthen the Foundation of our Community. In our efforts to do so we look for opportunities to impact youth, teens, adults, seniors and families. The YMCA is more than a gym, swimming pool or Summer camp and we strive to make a difference in the lives of people in our community.

Cost of Services Cost varies per activity – however, financial assistance is available.

Counties Covered Dickinson and Emmet

IMPORTANT PHONE NUMBERS

Alcoholics Anonymous	712-336-0657
Bets Off (Iowa Gambling Hotline)	800-238-7633
CAASA (Centers Against Abuse and Sexual Assault)	877-362-4612
Child Abuse Hotline	800-422-4453
Child Abuse or Neglect Reporting	800-362-2178
Child Find of America	800-426-5678
Department of Human Services (Dickinson County)	712-336-2555/866-336-2555
Domestic Abuse Hotline (Iowa)	800-942-0333
Family Crisis Line (24 hours)	712-336-1255/877-362-4612
Lakes Regional Healthcare	712-336-1230
Missing Children Help Center	800-872-5437
National Institute on Drug Abuse Help Line	800-662-4357
Substance Abuse Information Center (Iowa)	866-242-4111
Suicide Prevention (National)	800-273-8255
Runaway (National)	800-621-4000
Poison Control	800-222-1222
Sexual Abuse Hotline (Iowa)	800-284-7821
Substance Abuse Information Center (Iowa)	866-242-4111
Teen Health Line	800-443-8336



We hope you find this resource helpful and beneficial for you and your family.

The Child and Parent Council's overall goals are to heighten community awareness and promote broad base community support for positive parenting. We do this by providing educational programs and helpful written information that we distribute through faith based organizations, local publications, and public entities such as libraries, doctor's offices, schools, and daycare centers. Our council members come from the small communities within our county, so there is considerable overlap in memberships with other boards and civic groups. This allows us to remain informed about the needs throughout our county and disseminate further awareness to these other groups about the need for community involvement in the support of young families and the prevention of child abuse. In addition, CHAPCO oversees Time Out Nursery and secures funding for the CAASA Safe Touches and AEA KIDS programs in Dickinson County.

We encourage you to share the "Family Support Services Directory" with others.

A PDF of this document can be found on the

Early Childhood Iowa: Lakes Region website at www.ecilakesregion.com

Requests for your organization's information to be added/updated can be made to amy@3cross.org.

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