

Family Resources

Clay, Dickinson, O'Brien, Osceola

FOOD DISTURBITION

Clay County

- Grand Ave Community Outreach (Spencer).....The 2nd & 4th Thursday of the Month (2-6 pm).....712-580-4732
- Hope Reformed Church Food Pantry (Spencer).....712-262-3016
- Upper Des Moines Opportunity (UDMO) Food Pantry (Spencer) M-F 8AM-12PM; 1PM- 4PM)712-262-7409
- Spencer Seventh-day Adventist Church Mobile Food Pantry (Spencer)....Once per quarter.....712-262-5766
- Spencer School Food Pantry, 2 nights a month.....712-262-3345
- Spencer Schools Back Pack program.....712-262-3345
- Seasons-Autumn's Center (Spencer).....Tuesdays 10-12pm; Thursdays 2-4p.....1-800-242-5101....ext. 1096

Dickinson County

- Backpack ministry through Okoboji School District (Okoboji).....712-330-1189
- Backpack ministry through Spirit Lake School District (Spirit Lake).....712-336-2822
- Spirit Life Fellowship: "God's Provision Food Pantry" (Spirit Lake)....2nd & 4th Saturday every month (8-10 AM)
.....712-336-0114
- Upper Des Moines Opportunity (UDMO) Food Pantry (Spirit Lake).....2nd & 4th Saturday (8AM-10AM)
.....712-336-1112
- Community Table.....Free Meal on the 2nd & 4th Thursday of Month (5:30-7:00pm) at Okoboji Bible
Conference Center (Arnolds Park).....712-332-2883
- Community Table Free Meal...The 3rd Thursday of the Month (5:30-7:00pm) at Bedell Family YMCA (Spirit Lake)
.....712-336-9622
- First Presbyterian Church of Lake Park Food pantry..... 1st Thursday of every other month (4:30 pm-6:30 pm)
(Lake Park).....712-832-3401

O'Brien County

- Upper Des Moines Opportunity (UDMO)...(Primghar)M-F (8AM-12PM & 1-3:30PM)
.....712-957-1023
- Sheldon Unity Meal (Sheldon).....3rd Monday of each month.....712-631-4633
- Love Inc. Greater Sheldon (Sheldon).....712-324-9707
- Bread of Life at Crossroads Community Church (Sheldon)712-324-4646
- Sheldon United Methodist Church, free noon lunch (summer).....712-324-4893
- Sheldon United Methodist Church – Food Pantry M-F One food box per family per month712-324-4894
- Backpack School program (Hartley) East Elementary/Middle School.....712-324-4346
- Trinity United Church (Hartley)...Mobile Food Pantry.....Once a month on 3rd Wednesday of the Month (4-6pm)
at Trinity.....712-928-2240
- First Presbyterian Church Mobile Food Pantry (Paullina).....once per quarter (4-6 pm).....515-564-0330

Osceola County

- Christian Reformed Church (Sibley)...Mobile Food Pantry...once per quarter (4-6 pm)712-754-2171
- Upper Des Moines Opportunity (UDMO) (Sibley).Mobile Food Pantry..... M-W-TH (8AM-12PM & 1-3:30PM)
.....712-754-2573
- Backpack Pantry through Sibley School District (Sibley).....712-754-3636
- Fishes and Loaves Kitchen – Free meal the 3rd Saturday of month at the First Presbyterian Church of Sibley
at 6 pm712-754-3126

PARENT EDUCATION CLASSES

Clay County

- Parent Nurturing offered by Seasons Center (In-Home Counseling) (Spencer)1-800-242-5101
- MOPS- Mothers Of Preschools Support Group.....712-262-3016
- Boys Town.....402-670-1724
- Nurturing Parent offered by Seasons Center 1-800-242-5101
- Parent Connect Classes, contact Cherish Center (Spencer)..... 712-338-3333
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- Kommunity Involvement Development and Support (KIDS) Free In-Home Counseling.....712-363-8466
- Best Care Better Babies (BCBB) Free In-Home Counseling (Spencer)712-264-6451

Dickinson County

- Parents Connect Classes, contact Cherish Center (Okoboji).....712-338-3333
- Nurturing Parent offered by Seasons Center 1-800-242-5101
- Kommunity Involvement Development and Support (KIDS) Free In-Home Counseling712-363-8466
- Best Care Better Babies (BCBB) Free In-Home Counseling (Spirit Lake).....712-336-6835

O'Brien County

- Nurturing Parent offered by Seasons Center 1-800-242-5101
- Love INC. of Greater Sheldon (Sheldon).....712-324-9707
- Creative Living Center (Sheldon).....712-476-5245
- Kommunity Involvement Development and Support (KIDS) Free In-Home Counseling 712-930-3281 ext.130
- Best Care Better Babies (BCBB) Free In-Home Counseling (Sheldon)..... 712-324-6420

Osceola County

- Nurturing Parent offered by Seasons Center 1-800-242-5101
- Kommunity Involvement Development and Support (KIDS) Free In-Home Counseling712-363-8466
- Best Care Better Babies (BCBB) Free In-Home Counseling (Sibley)..... 712-754-4611

English as a Second Language Classes

- Northwest Iowa Community CollegeEnglish as a Second Language Classes (Covers O'Brien & Osceola) (contact Norma Azpeitia), Sheldon)712-324-5061...ext 124
- Iowa Lakes College ... English as a Second Language Classes (Covers Clay & Dickinson Counties)712-362-7965